

Barnsley Academy – (Y7) (Physical Education) Curriculum Overview 2023-24

Autumn Term			Spring Term			Summer Term		
	Class Focus	Extra-curricular opportunities		Class Focus	Extra-curricular opportunities		Class Focus	Extra-curricular opportunities
Week 1	Y7 – Baseline assessment of fundamental skills for class setting	<ul style="list-style-type: none"> - Boys football - Girls football - Netball - Badminton 	Week 1	<p><u>Group change activity – Activity restarts</u></p> <p>Netball - Passing Football – Passing Badminton - Racket familiarisation and low serve Dance – Gestures and timing</p>	<ul style="list-style-type: none"> - Boys football - Girls football - Netball - Badminton 	Week 1	<p>Athletics – Classes to rotate round dependent on space / equipment</p> <ul style="list-style-type: none"> - High jump - 100m sprint - Discus - Long jump - Relays - Shotput - Javelin - Middle distance running 	<ul style="list-style-type: none"> - Rounders - Cricket - Athletics
Week 2	Y7 – Baseline assessment of fundamental skills for class setting	<ul style="list-style-type: none"> - Boys football - Girls football - Netball - Badminton 	Week 2	<p>Netball – Footwork Football – Dribbling Badminton - High serve Dance – Canon and unison</p>	<ul style="list-style-type: none"> - Boys football - Girls football - Netball - Badminton 	Week 2	<p>Athletics – Classes to rotate round dependent on space / equipment</p> <ul style="list-style-type: none"> - High jump - 100m sprint - Discus - Long jump - Relays - Shotput - Javelin - Middle distance running 	<ul style="list-style-type: none"> - Rounders - Cricket - Athletics
Week 3	<p>Netball - Passing Football – Passing Badminton - Racket familiarisation and low serve Dance – Gestures and timing</p>	<ul style="list-style-type: none"> - Boys football - Girls football - Netball - Badminton 	Week 3	<p>Netball – Dodging and space Football – Defending and tackling Badminton - Overhead and underarm clear Dance – Travel and formations</p>	<ul style="list-style-type: none"> - Boys football - Girls football - Netball - Badminton 	Week 3	<p>Athletics – Classes to rotate round dependent on space / equipment</p> <ul style="list-style-type: none"> - High jump - 100m sprint - Discus - Long jump - Relays - Shotput - Javelin - Middle distance running 	<ul style="list-style-type: none"> - Rounders - Cricket - Athletics
Week 4	<p>Netball – Footwork Football – Dribbling Badminton - High serve Dance – Canon and unison</p>	<ul style="list-style-type: none"> - Boys football - Girls football - Netball - Badminton 	Week 4	<p>Netball - Shooting Football – Shooting Badminton - Net and drop shot Dance – Levels and dynamics</p>	<ul style="list-style-type: none"> - Boys football - Girls football - Netball - Badminton 	Week 4	<p>Athletics – Classes to rotate round dependent on space / equipment</p> <ul style="list-style-type: none"> - High jump - 100m sprint - Discus - Long jump - Relays 	<ul style="list-style-type: none"> - Rounders - Cricket - Athletics

							<ul style="list-style-type: none"> - Shotput - Javelin - Middle distance running 	
Week 5	<p>Netball – Dodging and space</p> <p>Football – Defending and tackling</p> <p>Badminton - Overhead and underarm clear</p> <p>Dance – Travel and formations</p>	<ul style="list-style-type: none"> - Boys football - Girls football - Netball - Badminton 	Week 5	<p>Netball – Rules and regulations / game play assessment</p> <p>Football – Rules and regulations / game play assessment</p> <p>Badminton - Rules and regulations / game play assessment</p> <p>Dance – Performance and assessment</p>	<ul style="list-style-type: none"> - Boys football - Girls football - Netball - Badminton 	Week 5	<p>Athletics – Classes to rotate round dependent on space / equipment</p> <ul style="list-style-type: none"> - High jump - 100m sprint - Discus - Long jump - Relays - Shotput - Javelin - Middle distance running 	<ul style="list-style-type: none"> - Rounders - Cricket - Athletics
Week 6	<p>Netball - Shooting</p> <p>Football – Shooting</p> <p>Badminton - Net and drop shot</p> <p>Dance – Levels</p>	<ul style="list-style-type: none"> - Boys football - Girls football - Netball - Badminton 	Week 6	<p>Group appropriate activity – Teacher assessment of activity area that would benefit groups physical literacy e.g. basketball, rugby, trampolining etc.</p>	<ul style="list-style-type: none"> - Basketball - Rugby - Trampolining - Fitness / dance 	Week 6	<p>Athletics – Classes to rotate round dependent on space / equipment</p> <ul style="list-style-type: none"> - High jump - 100m sprint - Discus - Long jump - Relays - Shotput - Javelin - Middle distance running 	<ul style="list-style-type: none"> - Rounders - Cricket - Athletics
Week 7	<p>Netball – Defending and marking</p> <p>Football – Attacking and possession</p> <p>Badminton - Shot sequencing and selection</p> <p>Dance – Dynamics</p>	<ul style="list-style-type: none"> - Boys football - Girls football - Netball - Badminton 	Week 7	<p>Group appropriate activity – Teacher assessment of activity area that would benefit groups physical literacy e.g. basketball, rugby, trampolining etc</p> <p>.</p>	<ul style="list-style-type: none"> - Basketball - Rugby - Trampolining - Fitness / dance 	Week 7	<p>Athletics – Classes to rotate round dependent on space / equipment</p> <ul style="list-style-type: none"> - High jump - 100m sprint - Discus - Long jump - Relays - Shotput - Javelin - Middle distance running 	<ul style="list-style-type: none"> - Rounders - Cricket - Athletics
Week 8	<p>Netball - Positional play / assessment</p> <p>Football – Tactics and strategies e.g. formation / assessment</p> <p>Badminton - Shot sequencing and selection / assessment</p> <p>Dance – Choreography development / performance and assessment</p>	<ul style="list-style-type: none"> - Boys football - Girls football - Netball - Badminton 	Week 8	<p>Group appropriate activity – Teacher assessment of activity area that would benefit groups physical literacy e.g. basketball, rugby, trampolining etc.</p>	<ul style="list-style-type: none"> - Basketball - Rugby - Trampolining - Fitness / dance 	Week 8	<p>Rounders – Throwing and catching</p> <p>Cricket – Throwing and catching</p>	<ul style="list-style-type: none"> - Rounders - Cricket - Athletics

Week 9	<p><u>Group change activity – Activity restarts</u></p> <p>Netball - Passing Football – Passing Badminton - Racket familiarisation and low serve Dance – Gestures and timing</p>	<ul style="list-style-type: none"> - Boys football - Girls football - Netball - Badminton 	Week 9	<p>Group appropriate activity – Teacher assessment of activity area that would benefit groups physical literacy e.g. basketball, rugby, trampolining etc.</p>	<ul style="list-style-type: none"> - Basketball - Rugby - Trampolining - Fitness / dance 	Week 9	<p>Rounders – Short and long barrier Cricket – Short and long barrier</p>	<ul style="list-style-type: none"> - Rounders - Cricket - Athletics
Week 10	<p>Netball – Footwork Football – Dribbling Badminton - High serve Dance – Canon and unison</p>	<ul style="list-style-type: none"> - Boys football - Girls football - Netball - Badminton 	Week 10	<p>Group appropriate activity – Teacher assessment of activity area that would benefit groups physical literacy e.g. basketball, rugby, trampolining etc.</p>	<ul style="list-style-type: none"> - Basketball - Rugby - Trampolining - Fitness / dance 	Week 10	<p>Rounders – Batting technique Cricket – Batting</p>	<ul style="list-style-type: none"> - Rounders - Cricket - Athletics
Week 11	<p>Netball – Dodging and space Football – Defending and tackling Badminton - Overhead and underarm clear Dance – Travel and formations</p>	<ul style="list-style-type: none"> - Boys football - Girls football - Netball - Badminton 				Week 11	<p>Rounders – Bowling technique Cricket – Bowling</p>	<ul style="list-style-type: none"> - Rounders - Cricket - Athletics
Week 12	<p>Netball - Shooting Football – Shooting Badminton - Net and drop shot Dance – Levels</p>	<ul style="list-style-type: none"> - Boys football - Girls football - Netball - Badminton 				Week 12	<p>Rounders – Tactics e.g. bowling, batting and fielding Cricket – Tactics e.g. bowling, batting and fielding</p>	<ul style="list-style-type: none"> - Rounders - Cricket - Athletics
Week 13	<p>Netball – Defending and marking Football – Attacking and possession Badminton - Shot sequencing and selection Dance – Dynamics</p>	<ul style="list-style-type: none"> - Boys football - Girls football - Netball - Badminton 				Week 13	<p>Rounders – Rules and regulations / game play Cricket – Game play assessment</p>	<ul style="list-style-type: none"> - Rounders - Cricket - Athletics
Week 14	<p>Netball - Positional play Football – Tactics and strategies e.g. formation Badminton - Shot sequencing and selection Dance – Choreography development</p>	<ul style="list-style-type: none"> - Boys football - Girls football - Netball - Badminton 				Week 14	<p>Rounders – Game play assessment Cricket – Game play assessment</p>	<ul style="list-style-type: none"> - Rounders - Cricket - Athletics
Week 15	<p>Netball – Rules and regulations / Game play assessment Football – Rules and regulations / Game play assessment</p>	<ul style="list-style-type: none"> - Boys football - Girls football - Netball - Badminton 						

	Badminton - Rules and regulations / Game play assessment Dance – Performance and assessment				
Assessment	<ul style="list-style-type: none"> - KPI teacher assessment throughout (See KPI map for activity guidance) - Self / peer assessment and coaching 	Assessment	<ul style="list-style-type: none"> - KPI teacher assessment throughout (See KPI map for activity guidance) - Self / peer assessment and coaching 	Assessment	<ul style="list-style-type: none"> - KPI teacher assessment throughout (See KPI map for activity guidance) - Self / peer assessment and coaching